

Penny Perspective #2: Flexibility

SURPRISE! To achieve maximum success you may need to unlearn what you've been taught.

We normally focus on what we DO or the TASKS we finish to determine our worth. In truth, some of the most accomplished people achieve greatness through their attitude & approach to life.

*"Life is more about WHO YOU BE, than what you do,
because it is impossible to separate the two." ~Leslie Stein*

Actions (The DO-ing): Put A Little FLEX In Your Current Routine

- It doesn't matter what the task is, show up in a way that allows you to flex to the needs of your environment! Start with this simple question: ***What ARE the needs of my environment?***
- Think outside the box...or better yet, throw the box away! Think about a task you've been stuck on. What's the one thing you CAN'T do? Well...that's a box. Try some small version of that thing you think you can't do...and you are sure to get unstuck!

Mindset (The BE-ing): Learn To Bend...Or Risk Breaking!

Some of life's challenges require measuring in straight lines, but most are easily solved by nonlinear thinking!

Take the ruler example: We all know ****inflexible people****- it's always their way or the highway. The smart person decides my way ***isn't*** the only way, bending and adjusting as needed in order to make the situation work!

*A Flexible attitude gives you **OPTIONS!***

No longer will the task determine your success, YOUR success will now be measured by an adjustable attitude!

- Where can you change from "*Only this will work.*" to "*What else might work?*" to practice this kind of flexibility & give yourself some options?
- Who will you tell about this new way of being to see if you can get a "flexibility buddy?"

****NOTE--**It takes one to know one, so don't be too hard on yourself OR on the inflexible people you meet! When you can recognize that no one is wrong, they just do it differently...that is the best kind of flexibility of all!