

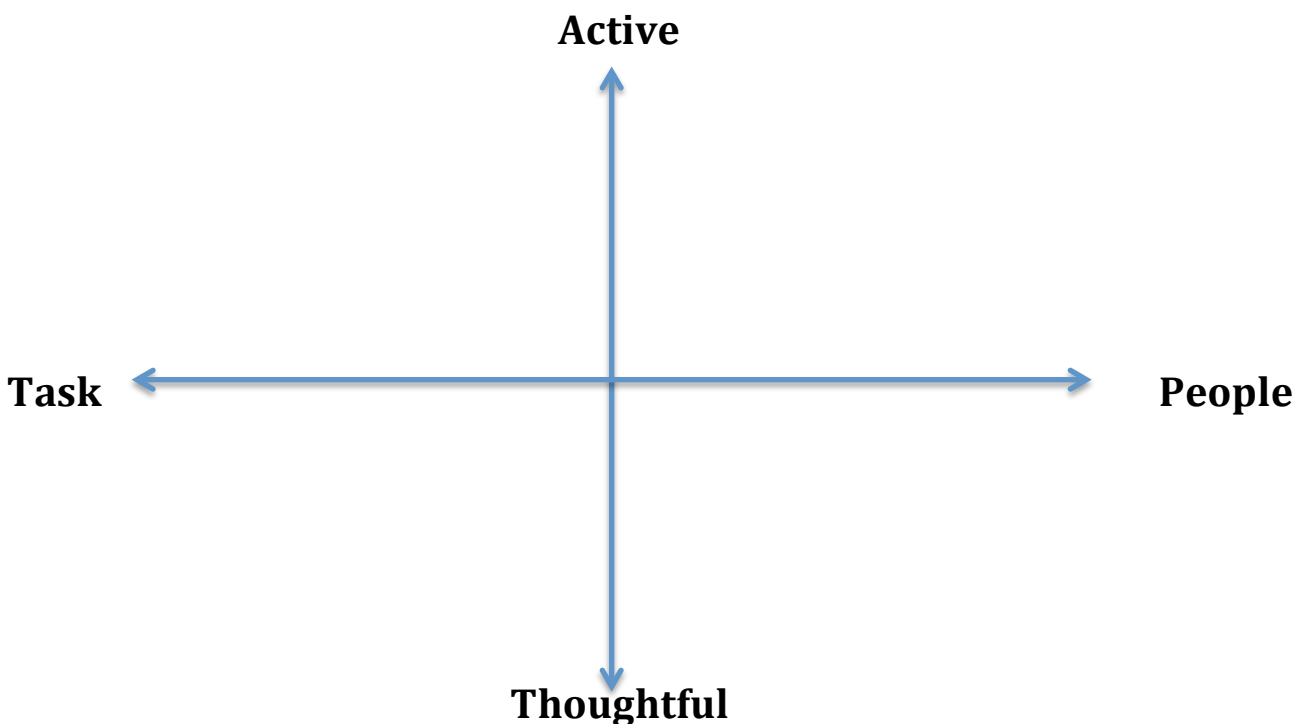
# Lead Like A Girl: Tackling Tough Conversations with Ease

*Think about the people you work with & what behaviors or qualities you see that deteriorate team health &/or effectiveness. Make a list of specific behaviors & qualities that frustrate here:*

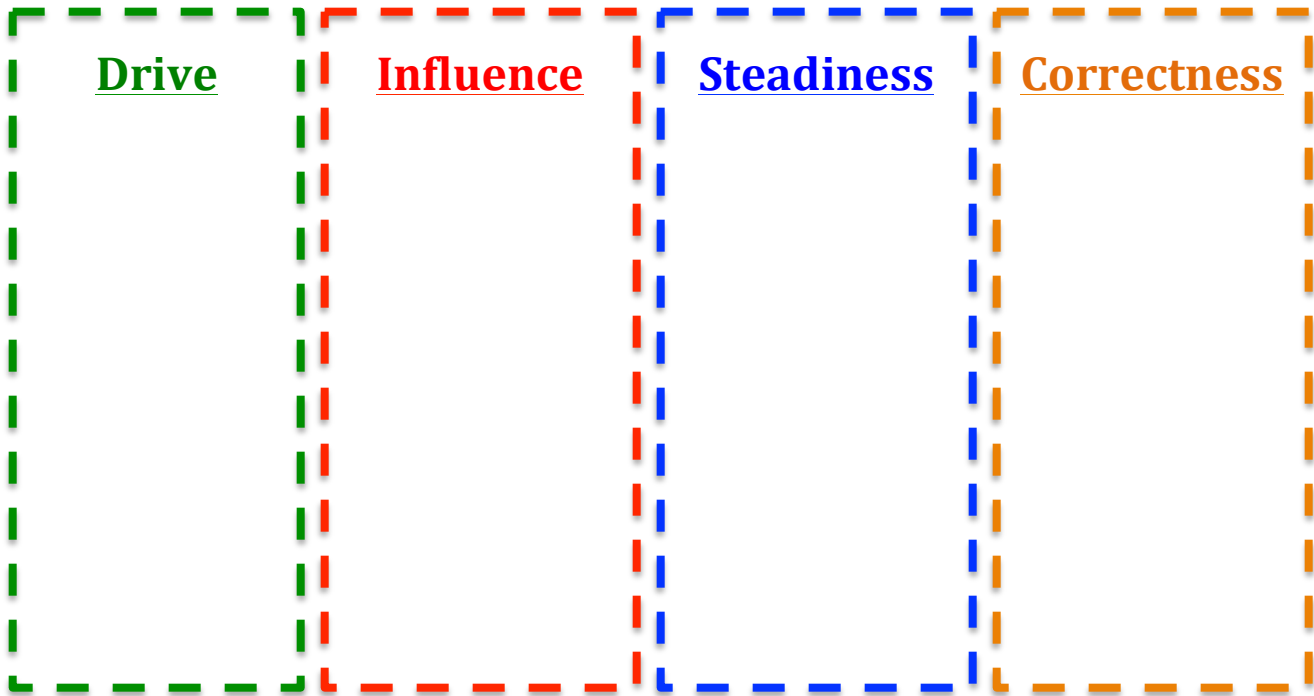


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*List the 4 Common Communication Styles  
(& Dysfunctions!)*



*Strengths by Style*



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*Dealing With Unhealthy Behaviors—  
the **WHO** drives the **HOW!***

Dominating: \_\_\_\_\_  
\_\_\_\_\_

Overly Optimistic: \_\_\_\_\_  
\_\_\_\_\_

Doesn't Speak Up: \_\_\_\_\_  
\_\_\_\_\_

Points Out Problems: \_\_\_\_\_  
\_\_\_\_\_